## Football Training Camp at Princethorpe College

U10, U11, U12 & U13

### Monday 30<sup>th</sup> and Tuesday 31st July 2018

Timings: 9:30am till 3:00pm

Location: Princethorpe College (CV23 9PX) - Astroturf

Cost: £30 per player per day

The camp is run by Ross Holtom (UEFA A Licence and professional academy coach) and an experienced team of FA and UEFA qualified coaches.

#### The training camp:

- Both days will involve activities based around improving technical skills and tactical understanding of the principles of play through game based player centred practice.
- There will be opportunities for competitive games throughout with minitournaments on each day

#### Things you will need to bring:

- **Clothing** the camp will take place outside so bring suitable clothing, shin pads and footwear.
- **Drinks** bring enough to last you the day, however, there are water fountains on site to refill your water bottles.
- Food make sure you bring a packed lunch with you.

#### **Further information:**

- For more information or to sign up contact Ross Holtom (princethorpefootballcamps@outlook.com)
- Sign up by <u>Friday 29th June 2018</u> limited spaces only

# A fantastic opportunity for committed players to improve their skills and overall performance in a fun environment!